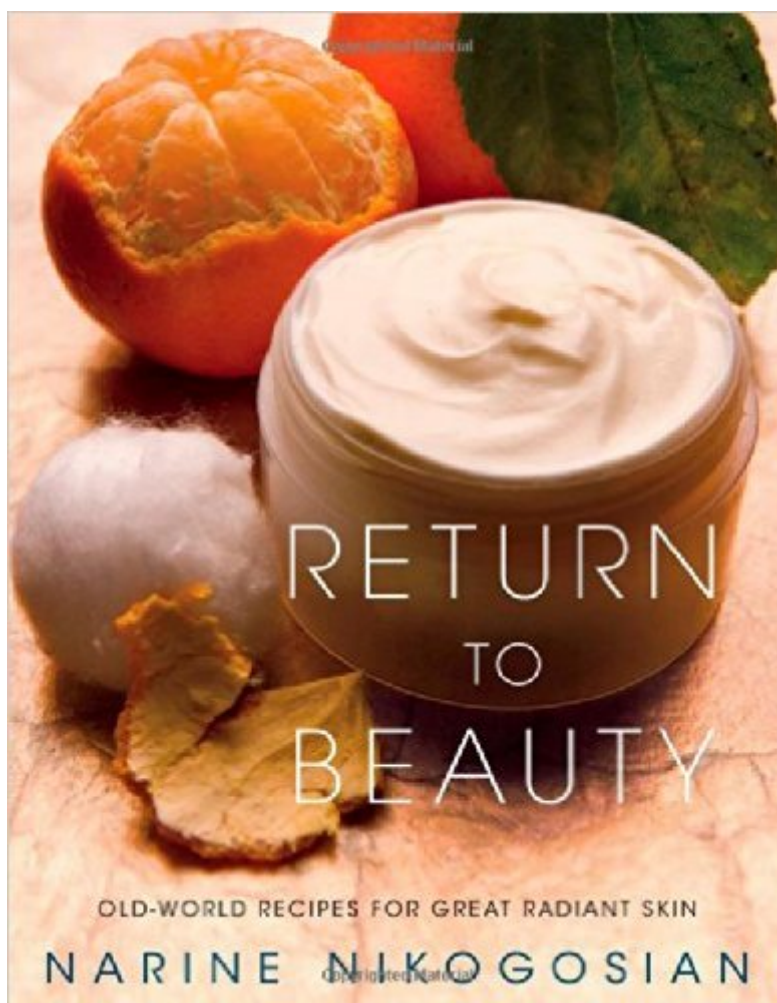


The book was found

Return To Beauty: Old-World Recipes For Great Radiant Skin



Synopsis

Return to Beauty offers regimens made from fresh ingredients that can be found right in your kitchen. With recipes for winter, spring, summer, and fall, you can look beautiful throughout the year. Narine Nikogosian's natural and inexpensive products can be whipped up in less than ten minutes. Have a jar of honey in your pantry? Mix it with a few crushed walnuts to create a sensual, aromatic scrub for oily skin. Use dabs of cottage cheese to lighten undereye circles, or almond oil to rehydrate cracked lips. Narine also provides recipes based on astrological signs, such as for Scorpio, a Gracious Grapefruit Mask made of grapefruit, egg yolk, and soothing honey to rejuvenate your skin even after a late night. Narine is from a long line of Armenian women who have been harnessing the powers of nature to create everlasting beauty. For the first time, she reveals her secrets so that you can have star-worthy skin.

Book Information

Hardcover: 272 pages

Publisher: Atria Books; First Edition edition (November 10, 2009)

Language: English

ISBN-10: 1439126062

ISBN-13: 978-1439126066

Product Dimensions: 7.4 x 0.9 x 9.2 inches

Shipping Weight: 1.7 pounds

Average Customer Review: 4.2 out of 5 starsÂ Â See all reviewsÂ (34 customer reviews)

Best Sellers Rank: #841,106 in Books (See Top 100 in Books) #46 inÂ Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Cosmetics #50 inÂ Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Skin Care

Customer Reviews

Return To Beauty is a excellent book to create your own beauty recipes! The book is divided up into 6 parts.Part 1) Seasons Part 2) Sun SignsPart 3) Simple SolutionsPart 4) PregnancyPart 5) How To Give Yourself A FacialPart 6) No Frills For MenNarine Nikogosian starts her book out with a wonderful although quick introduction, allowing the readers a peek into her philosophy about natural skin care. The photos in the book are just lovely! I have two other beauty recipe books (see bottom of review) and neither of those books have a single photo! The beautiful photographs are definetly a bonus treat, as well as the way the recipes are displayed, using larger print than the other two books that I own (and love).The most important aspect that makes Return To Beauty a excellent book has

to be how EASY the recipes are! I have had to buy sticky notes to add to so many of the recipes so I can find them again quickly. The recipes use everyday items you probably already have in your kitchen. Mayonnaise Lemons Yougurt Cottage cheese Honey Butter Milk Salt Tea bags Olive oil Eggs Flour Vinegar Juices To just name a few...and some of the ingredients I didn't have and had to purchase are: Vodka Cognac Almond oil Shredded coconut Sparkling mineral water Rose oil Cornstarch Cherries Heavy cream Figs There are so many recipes that just use two or three simple ingredients and not one of the recipes requires very much effort at all! The alcohol recipes center on facial toners and masks and require very little alcohol so I just bought the tiny travel bottles and they last a long time.

[Download to continue reading...](#)

Return to Beauty: Old-World Recipes for Great Radiant Skin Get Younger Looking Skin Naturally: Advanced Skin Care (Aging, Skin problems, Eating for Beauty, Skin Care Routine, Skin Products, How to Age Well, Nails, Hair, Skin) Natural Beauty: Radiant Skin Care Secrets & Homemade Beauty Recipes From the World's Most Unforgettable Women (Essential Oil for Beginners Series) Skin Picking: for beginners - How to recover from Skin Picking Disorder - What You Need To Know About Dermatillomania Treatment and Cure (Skin Picking ... - Skin Ailments - Skin Diseases Book 1) The New Science of Perfect Skin: Understanding Skin Care Myths and Miracles For Radiant Skin at Any Age The Ultimate Guide To Skin Whitening: The Permanent, Most Effective Solution For Increasing Complexion And Having Beautiful Skin (Beautiful Skin, Improve ... Complexion, Become Fair, Skin Pigmentation) Absolute Beauty: Radiant Skin and Inner Harmony Through the Ancient Secrets of Ayurveda Absolute Beauty: The Secret to Radiant Skin and Inner Vitality Through the Art and Science of Ayurveda BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies) Organic Homemade Lotion Recipes - For All Skin Types (The Best Lotion DIY Recipes): Lotion Making For Beginners (organic lawn care manual, organic skin care, beauty and the beast) Homemade Organic Skin & Body Care: Easy DIY Recipes and Natural Beauty Tips for Glowing Skin (Body Butters, Essential Oils, Natural Makeup, Masks, Lotions, Body Scrubs & More - 100% Cruelty Free) Natural Beauty Recipes: 60 Best-Kept Secrets to Care for the Skin: Natural Skin Care Tips Guide To Anti Aging Skin Care Treatment: Learn All You Need For Treating Aging Skin To Look Younger Than Your Age (Anti Aging Skin Care, Anti Aging Diet, ... Emu Oil, Retinol, Best Eye Cream, Book 3) Anti-Aging Skin Care: Anti-Aging Skin Care Techniques for Beautiful, Flawless and Younger Looking Skin The Little Book of Skin Care: Korean Beauty Secrets for Healthy, Glowing Skin Anti Aging: The Best Anti Aging Beauty Products, Anti Aging Medicines and Anti Aging Skin

Care Treatments to Make You Look and Feel Younger (Anti Aging, ... Secrets, Anti Aging Diet, Beauty Products) The Original Beauty Bible: Skin Care Facts for Ageless Beauty DIY Beauty Magic (6 in 1): Epsom Salt, Aromatherapy, Body Scrubs, Candles, Essential Oils and Lotions for Your DIY Beauty Routine (Body Care & Beauty Products) Herbal Body Lotion: 25 Ways To Make Lotion In Your Own Kitchen For Gorgeous And Radiant Looking Skin Forever Young: The Science of Nutrigenomics for Glowing, Wrinkle-Free Skin and Radiant Health at Every Age

[Dmca](#)